

Physical Education Code of Conduct



We kindly ask all girls taking part in Physical Education and sporting activities to:

- ◆ **Work hard** in lessons to learn new skills, apply these skills in a game or movement situation, be a valuable member of a team and improve your health and fitness.

Sign up for a club at the beginning of term. This means you are committed to attend for the duration of the club. If you no longer wish to attend, please let the appropriate member of staff know. Any girls are welcome to join clubs at any point during the term.
- ◆ **Attend** every session of the club. If you cannot make it, please tell the member of staff taking the club you won't be there as it is polite and courteous to excuse yourself.
- ◆ Make **attendance at your club a priority**. If you are asked to attend a meeting or other activity at that time, please discuss this with a member of the PE Department as the time of the other activity may be changed so you can do both.
- ◆ **Turn up** on time and ensure you are on time for registration after lunch clubs.
- ◆ If selected for a team, please **tick the team sheets as soon as possible**. If you cannot play, please see the member of the PE Department who organises the team straight away. **Remember you are letting your team, school, member of staff and yourself down** if you are not organised and pull out of a fixture at last minute.
- ◆ **Wear** the right kit and footwear. **Look after** your personal kit and don't leave it at the session or in the changing rooms. Please ensure your kit is named.
- ◆ **Remember your kit**. In lessons you will receive a '**PE STRIKE**' on every occasion you do not have all the correct kit. 3 strikes = a detention.
- ◆ **Eat** lunch, breakfast and drink plenty during the day as your body needs fuel to participate.
- ◆ **Help** the member of staff and sports leaders set up and tidy away the session equipment. Help umpire and score keeping if needed.
- ◆ **Listen and learn** – participants will be asked to leave the session if they are disruptive or messing around.
- ◆ **Respect** and help your team mates. Be prepared to take your turn to be substitute if required.
- ◆ **Play safely**
- ◆ **Enjoy** yourself and ensure others enjoy themselves as well.
- ◆ Let a member of the PE Department know if there are any problems or **issues** with the activity. We cannot put things right if we don't know about them.
- ◆ **Work hard** at all times – you can rest after the session.
- ◆ Ensure you are **collected on time** following an evening activity / fixture. This means being organised well in advance of an extra curricular activity. PE staff will not leave girls unattended but do have homes to go to!

Thank you