

Meadowfield School of Dance

from 2-16 years



Durham
County Council



Street and Freestyle Dance

Tuesdays

5.00 - 6.00pm

5 - 7 year olds

6.00 - 7.00pm

8 - 16 year olds

An hour of freestyle, disco and streetdance. Learn runs, spins, kicks and leaps plus a range of other steps and movements.

Learn to choreograph routines to musical styles from pop to hip-hop.

Basic Movement to Music

Fridays

1.00 - 2.00pm

2 - 5 year olds

Fun filled activities designed to encourage creativity, coordination, confidence and rhythm. All young dancers must be accompanied by an adult in this session.

All our teachers are members of the International Dance Teachers Association (IDTA) and dance students can take IDTA amateur exams.

www.durham.gov.uk/sport

Please ask us if you would like this document summarised in another language or format.

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