

CAREERS PROGRAMME: SENIOR HOUSE

DURHAM HIGH SCHOOL



KS 3: YEAR 7

Year	Programme
7	<p>Introduction to Unifrog and Careers Programme</p> <p>Personality Profile Quiz, Interests Quiz, discover related careers, introduction to learning outcomes</p> <p>What are skills?</p> <p>What is your Dream Job?</p> <p>National Careers Week (NCW) Activities</p> <p>Future Business Magnates Freshers Workshop</p> <p>Skills – Revision Good-v-Bad</p> <p>Recording Activities</p> <p>University Visit – Northumbria</p> <p>Complete Learning Outcomes</p> <p>Access to all school Careers Talks by visiting speakers – lunchtimes</p> <p>Tutorial time programme</p>

KS 3: YEAR 8

Year	Programme
8	<p>Reacquaint with Unifrog, Reflections on Year 7 (Learning outcomes), Careers Programme this year</p> <p>Personality Profile Quiz, Interests Quiz, discover related careers</p> <p>Identifying Interests</p> <p>University -v- Apprenticeships – the Big Debate</p> <p>Skills for Careers</p> <p>National Careers Week (NCW) Activities</p> <p>Careers Library Treasure Hunt</p> <p>University Visit – Sunderland</p> <p>Complete Learning Outcomes</p> <p>Access to all school Careers Talks by visiting speakers – lunchtimes</p> <p>Tutorial time programme</p>

KS 3: YEAR 9

Year	Programme
9	<p>Reacquaint with Unifrog, Reflections on Year 8 (Learning outcomes), Careers Programme this year</p> <p>Add Competencies and Activities</p> <p>Personality Profile Quiz, Interests Quiz, discover related careers</p> <p>GCSEs – Choices, Choices!</p> <p>Options Evening – Options Process</p> <p>1:1 Interviews with Careers Adviser and/or Deputy Head</p> <p>Subject Staff discussions</p> <p>National Careers Week (NCW) Activities</p> <p>Skills Development – Leadership</p> <p>CV Writing</p> <p>Your Skills, Your Team, Your Future</p> <p>Careers Fair</p> <p><u>Complete and Print Learning Outcomes for KS3</u></p> <p>Access to all school Careers Talks by visiting speakers – lunchtimes</p> <p>Tutorial time programme</p>

KS 4: YEAR 10

Year	Programme
10	<p>Reacquaint with Unifrog, Careers Programme this year</p> <p>Skills – Communication and Teamwork</p> <p>Personality Profile Quiz, Interests Quiz, discover related careers</p> <p>Apprenticeship Assembly: ASK</p> <p>Competencies – Independence and add Activities, KS4 Action Plan</p> <p>The Escape Room – Team work, Communication, and other competencies</p> <p>National Careers Week (NCW) Activities</p> <p>Work Experience preparation – Health and Safety</p> <p>Work Experience preparation– Behaviour in the Workplace</p> <p>Work Experience – Preparing for Interviews</p> <p>Start KS4 Learning Outcomes</p> <p>Business Breakfast/Careers Fair</p> <p>Access to all school Careers Talks by visiting speakers – lunchtimes</p> <p>Tutorial time programme</p>

KS 4: YEAR 11

Year	Programme	Year	Programme
11	<p>Sixth Form Open Evening (Parents and Pupils, Universities)</p> <p>A level Choices</p> <p>Sixth Form Taster Day</p> <p>1:1 Guidance Interviews</p> <p>Apprenticeship Assembly: ASK</p> <p>Business Breakfast</p> <p>Reacquaint with Unifrog,</p> <p>Reflections on Year 10/fill in KS4 Action Plan,</p> <p>Introduce Careers Programme this year</p> <p>WEX Prep – CV writing and covering letters</p> <p>WEX Planning, Issue School Handbook and Journal</p> <p>WEX Prep – How to contact Employers</p>	11	<p>Options Interviews</p> <p>Further Taster Sessions</p> <p>Busting Apprenticeship Myths</p> <p>Rights of Apprentices</p> <p>National Careers Week (NCW) Activities</p> <p>Complete Learning Outcomes for KS4</p> <p>Revision – The Memory Journey</p> <p>Post 16 Intentions and Destinations Recording</p> <p>Work Experience Placement – Summer</p> <p>Volunteering/National Citizenship Service</p> <p>Access to all school Careers Talks by visiting speakers – lunchtimes</p> <p>Tutorial time programme</p>

SIXTH FORM: YEAR 12

Programme	Programme
<p>Belbin Teamwork and learning styles Session (Induction) Reacquaint with Unifrog, Work Experience Reflections, Sixth Form Action Plan, Careers Programme for Sixth Form Personality Profile Quiz, Interests Quiz, discover related careers Post 18 – Choices, Choices Apprenticeship Assembly and Workshops with ASK Launch Work Experience Social Media, Social Networking, Personal Brand Discovering MOOCS</p> <p>1:1 Careers Guidance Interviews World of Work – Professional networking Degree Apprenticeships, CV updating Oxbridge Exhibition – Newcastle– National Apprenticeship Week Awareness – booklets/guides</p>	<p>National Careers Week (NCW) Activities Young Money – booklets or Money Sense (Natwest)</p> <p>Post 18 Planning Diamond Nine – UK Universities UCAS H/E Exhibition – Newcastle Gap Year Talks UCAS Application Process launch, parents and pupils Personal Statements MOOCS Summer Challenge Business Breakfast Work Experience Placements</p> <p>Volunteering Access to all school Careers Talks by visiting speakers – lunchtimes</p>

SIXTH FORM: YEAR 13

Year	Programme
13	<p data-bbox="461 394 2237 432">Reacquaint with Unifrog, Reflections on Year 12, Careers Programme for Sixth Form and Action Plans</p> <p data-bbox="461 446 2002 485">Extensive individual support with Personal Statements and Applications (Autumn term)</p> <p data-bbox="461 499 1179 538">Applications List, University Applications</p> <p data-bbox="461 552 1939 591">Apprenticeship Assembly: ASK and Workshops – Strengths, Applications, Interviews</p> <p data-bbox="461 605 797 644">Business Breakfast</p> <p data-bbox="461 658 1403 696">Interview Masterclass, Interview Preparation Evening</p> <p data-bbox="461 711 817 749">Assessment Centres</p> <p data-bbox="461 763 1149 802">National Apprenticeship Week Activity</p> <p data-bbox="461 816 1166 855">National Careers Week (NCW) Activities</p> <p data-bbox="461 869 1352 908">Complete Action plans/Learning outcomes for KS5</p> <p data-bbox="461 922 1161 961">Applications List – confirming/declining</p> <p data-bbox="461 975 975 1013">Managing Stress and Anxiety</p> <p data-bbox="461 1028 873 1066">Recording Destinations</p> <p data-bbox="461 1152 978 1190">Work Experience Placements</p> <p data-bbox="461 1205 695 1243">Volunteering</p> <p data-bbox="461 1258 1628 1296">Access to all school Careers Talks by visiting speakers – lunchtimes</p>

- We use Unifrog, a one-stop-shop online platform for girls to explore, plan and record their career activities as well as using the University Application tools. The items highlighted in green refer to Unifrog sessions delivered in PHSE lessons.
- The Careers Leader, UCAS Coordinator and Head of Sixth Form operate an open-door policy, providing extensive individual advice and support to girls as and when required. There is specialist support for those applying to Oxbridge and e.g. for Medicine and Veterinary Science.
- Throughout the year we run a series of lunchtime careers talks which are open to all girls but with those in years 9-13 particularly encouraged to come along. Examples of talks include: Engineering, Journalism, Medicine, Business, Languages and the RAF.
- We run other stand-alone events e.g. careers fairs, business breakfasts, languages events, enterprise days, JH careers day, outreach conferences
- Departments participate in external events e.g. Sixth Form linguists visit Durham University for an annual languages careers event, GCSE PE students visited Newcastle University Sports Science Careers Day, we are active participants in CyberFirst competition etc. Departments have been provided with resources to enable them to link curriculum learning with careers and a number of departments run careers focused lessons.
- Information and events are shared via the Careers twitter feed and the Careers noticeboards. We also have an up to date Careers & Higher Education section in the library.
- Girls are encouraged to undertake work experience after GCSEs in year 11 and during any of the holidays in Lower 6. Where required, support is provided in identifying suitable placements.