



Menus

Week 1



Monday	Tuesday	Wednesday	Thursday	Friday
Carrot & Red Lentil Soup With Crusty Hand Made Bread, Seeds & Toppings	Red Lentil, Chick Pea & Chilli Soup With Crusty Hand Made Bread, Seeds & Toppings	Soup of the Day With Crusty Hand Made Bread, Seeds & Toppings	Leek & Potato soup With Crusty Hand Made Bread, Seeds & Toppings	Tomato soup With Crusty Hand Made Bread, Seeds & Toppings
Pork Sausage	Lasagne	Chicken & Vegetable Pie	Meat Balls In Tomato Sauce	Fish Fillet In Crispy Batter With Chef's Own Tartar Sauce & Lemon Wedge
Vegetarian Sausage	Gnocchi In Tomato & Spinach Sauce	Root Vegetable Pie	Vegetarian Meat Balls In Tomato Sauce	Battered Vegetarian Sausages
Mashed Potatoes Gravy Garden Peas &	Garlic Bread Braised Red Cabbage & Broccoli Mixed Salad	Creamy Mashed Potatoes Mange Tout & Carrots Gravy	Spaghetti Mixed Vegetables Parmesan Cheese	Mushy Peas & Baked Beans Chips
Baked Sweet & New Crop Potatoes With A Range Of Hot & Cold Toppings	Baked Sweet & New Crop Potatoes With A Range Of Hot & Cold Toppings	Baked Sweet & New Crop Potatoes With A Range Of Hot & Cold Toppings	Baked Sweet & New Crop Potatoes With A Range Of Hot & Cold Toppings	Baked Sweet & New Crop Potatoes With A Range Of Hot & Cold Toppings
Pasta Tomato Pasta	Mediterranean Vegetable Cous Cous	Pasta Pesto Pasta	Potato Day	Pasta Chefs Choice Pasta
Sandwiches With A Range Of Meat, Fish & Vegetarian Fillings				
Seasonal Hand Cut & Whole Fresh Fruit				
Low Fat Healthy Flavoured Yogurts	Lemon Drizzle Cake	Chocolate Cake & Chocolate Custard	Meringue With Berries	Home Made Short Bread